

## What to Bring to Manatoc Summer Camp (2023)


<p><b>Scout Uniform</b> - Class A uniform is required for dinners in the Dining Hall &amp; evening retreat/parade. Uniform shirt, green pants or shorts.</p>	<p><b>Cot</b> - Cots are either D leg style or X leg style. D leg style won't tear nylon tent floors. X leg style might tear nylon tent floors.</p>
<ul style="list-style-type: none"> <li>● <b>Underwear</b> (at least 6 changes)</li> <li>● <b>Socks</b> (at least 6 changes) - Plus some "extra" in a separate baggy in case all the others are wet. Dry socks can really make things seem better. Bring synthetic or wool socks. No cotton socks.</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Sleeping Bag</b> - If you're buying a new one, and you won't be getting a separate one for winter camps, get one rated for 0° and bring a light blanket with it to summer camp.</li> <li>● <b>Pillow</b></li> </ul>
<ul style="list-style-type: none"> <li>● <b>Clothes</b> - T-shirts and possibly a long-sleeved shirt. Shorts. A long legged pair of pants can help if it turns cold or is very buggy.</li> <li>● <b>Pajamas</b> - Or clean shorts and a T-shirt. Best to have a separate set that are used only for sleeping. Avoids drawing animals &amp; bugs with food smells on clothes worn during the day.</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Insect Repellent lotion or pump spray bottle</b> - No aerosols are allowed by the scouts because of the fire hazard. Limit DEET to 10 to 25% because DEET melts plastics – including clothing, knife handles, compasses, watch faces, etc.</li> <li>● <b>Sunscreen Lotion or pump spray bottle</b> - no aerosol spray cans</li> </ul>
<ul style="list-style-type: none"> <li>● <b>Swim Suit</b>- Swimsuits must be modest. For males, tight fitting swim briefs (Speedo-style) or swim bottoms short enough to allow exposure are not allowed. For females, bikinis or two-piece are not allowed. Modest tankinis or one-piece swimsuits that are not cut high on the sides or cut low on the front or back are appropriate. Shorts over the swimwear for males or females are also appropriate.</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Merit Badge Booklets</b> - The boy troop has a large collection for "standard" Summer Camp badges. Check the box before camp or plan on bringing extra money to buy them at camp.</li> <li>● <b>Written Paperwork for badges to be finished at camp</b> If your badge has prerequisites that you need to research and write-up, remember to bring it to camp.</li> <li>● <b>Materials needed to complete merit badges</b> Or money to buy them at the Trading Post.</li> </ul>
<ul style="list-style-type: none"> <li>● <b>Jacket</b> - lightweight Can be used to keep bugs off or to ward off a chill when combined with the sweatshirt.</li> <li>● <b>Sweatshirt/Hoodie</b></li> <li>● <b>Rain Gear</b> - A rain jacket with pants or a poncho is recommended that can be packed into a backpack.</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Scout Handbook</b></li> <li>● <b>Pencil and Paper</b> - Many badges have writing or drawing "homework". Bring an old school spiral notebook and some pencils.</li> <li>● <b>Flashlight with extra batteries</b> and/or head lamp</li> <li>● <b>Compass</b> - optional if you have one</li> </ul>
<ul style="list-style-type: none"> <li>● <b>Toothbrush and Toothpaste</b></li> <li>● <b>Soap, Shampoo, Deodorant</b></li> <li>● <b>Feminine hygiene products if needed</b></li> <li>● <b>Towels</b> - Bring 2. One for showering and one for pool use. Washcloth.</li> <li>● <b>Hairbrush or comb</b></li> </ul>	<ul style="list-style-type: none"> <li>● <b>Water Bottle</b></li> <li>● <b>Reusable cup or mug.</b> - The dining hall provides plastic cups for use there. Bring a cup for the drinks available at camp and to use for teeth brushing.</li> <li>● <b>Mess Kit</b> - plate, bowl, utensils</li> <li>● <b>Tissue; hair bands if you have long hair</b></li> </ul>
<ul style="list-style-type: none"> <li>● <b>Hiking boots or hiking shoes</b></li> <li>● <b>Flip Flops/Water Shoes</b> - for pool or lake wear</li> <li>● <b>Sneakers</b></li> </ul> <p>Bring 2 pairs of closed toe footwear. That way if one pair gets wet, there is another pair to change into.</p>	<ul style="list-style-type: none"> <li>● <b>Camp chair</b> - bring a chair as there will be limited seating at the campsite</li> <li>● <b>Footlocker or Large Plastic Tote</b> - store clothing and supplies to keep them dry, clean, and away from critters</li> </ul>
<ul style="list-style-type: none"> <li>● <b>Hat</b> - Optional If your scout will wear one, scouts can get cooked walking around in the sun.</li> <li>● <b>Backpack</b> - scouts will carry water bottle, snacks, and supplies to activities</li> <li>● <b>Hand sanitizer</b></li> </ul>	<ul style="list-style-type: none"> <li>● <b>Cash</b> - money to spend in trading post for slushies, candy, merit badge supplies, and items such as t-shirts, pocket knives, etc. Money can be held by adults and doled out during the week. Put cash in baggy or wallet.</li> <li>● <b>Plastic bags</b> - you can never have too many to store wet and dirty clothing</li> </ul>
<ul style="list-style-type: none"> <li>● <b>Completed Health Forms</b></li> <li>● <b>Prescription Medicine</b> - in original bottle</li> <li>● <b>Inhalers, bee sting kit if prescribed, EpiPen</b> - If something is listed on the health form, the scout needs to bring it to camp. Unexpired.</li> <li>● <b>Non prescription medicine</b> - If needed. In original bottle/package with written instructions on dispensing</li> </ul>	<ul style="list-style-type: none"> <li>● If your scout brings a phone, they need to bring charging cables and a charging adapter and/or a portable battery. There are some outlets at camp but not many.</li> <li>● Ziplock bag or waterproof bag for phone in case you get it wet boating or in the rain</li> </ul>

## Different styles of cots

If you are sleeping in a platform tent, you will want a cot. There is a wood platform floor in the tent. You do not want to be sleeping directly on it with the insects that will wander through.

	
<p><b>D leg style cot</b>            Pros: won't tear up nylon tent floor, generally cheap, can place items underneath cot            Cons: does not fold up very small</p>	<p><b>X leg style cot</b>            Pros: folds up into smaller package than D leg style, can place items underneath cot            Cons: feet may tear holes in nylon tent floor</p>
	
<p><b>Backpacking cot</b>            Pros: lightweight and folds up into small package            Cons: difficult to assemble (relies on tension to provide support), can be expensive, very low to the ground</p>	

## Plastic tote/trunk/footlocker

		
<p>Plano 108 quart sportsman tote</p>	<p>Sterilite Footlocker</p>	<p>27 Gallon heavy duty tote</p>

These are examples of plastic totes/trunks/footlockers. You do not have to purchase these exact models. Pack your items in a plastic tote/trunk/footlocker. It helps keep everything dry and safe from insects/animals. Fancy ones have latches and the ability to add a padlock. Also comes in handy as something to sit on or use as a table.

# Packing for Camp

(From the 2023 Manatoc Leaders' Guide)

## Uniform

The Scouts BSA uniform makes all Scouts equal; regardless of home, background, or anything else. Pride in the uniform and its history is shown when it is worn properly. The proper uniform includes: tan shirt, green shorts or pants, scouting belt, green socks, and an optional Troop approved hat and/or neckerchief. The full uniform is worn for Retreat, Dinner, Vespers and the Good Camper Ceremonies.

## Daily Wear

At other times, a Scouting "activity uniform" is appropriate. This is a scouting T-shirt, shorts, socks and shoes. Shoes are required at all times except at the swimming pool or in one's own tent. No open-toed shoes are permitted to be worn. T-shirts must be in good taste, not containing sexual innuendo, alcohol promotion, or double entendre.

## What Not to Bring

Camp Manatoc provides a refuge in the outdoors. For that reason, we ask for your cooperation and discretion in leaving at home items such as televisions, gaming systems, generators, or anything else that could detract others around your campsite from enjoying their week.

For the safety of all participants, sheath knives, firearms (unless approved rifles and shotguns for use of the Rifle Range and Shotgun Range), fireworks, alcohol, and drugs are not permitted on the camp property.

Please consult the Guide to Safe Scouting for more information.

## Camp Provided Equipment

Each campsite has tents setup for the maximum number of campers for which that campsite is rated. The tents are 7' x 10' canvas wall tents with wooden platforms. Traditional dining fly's are available in campsites. Troops may bring additional tents, tarps, and tables to fit their needs. Scouts and adult leaders are required to bring their own cots.

## ADDITIONAL EQUIPMENT A TROOP WILL NEED

Troops may bring additional tents, tarps, and tables to fit their needs. Scouts and adult leaders are required to bring their own cots.

## Snacks (Troop suggestion)

We welcome and encourage scouts to bring non-perishable snacks. Scouts are often hungry in between meals due to all of the hiking around camp and physical activity. Common snacks include granola bars, trail mix, snack packs of cookies/chips/crackers, fruit snacks, beef jerky, popcorn.

**Snack Storage** - Snacks need to be stored in a locking/latching container so that the raccoons do not get into the food. Suggestions: Small plastic totes with latching lids and 5 gallon buckets with lids. Any container that is not easily opened will work.

Situpon storage bucket - <https://www.positivelysplendid.com/sit-upon/> Instead of a cushion, you can use a screw top lid which is easier to open:

<https://www.menards.com/main/grocery-home/cleaners-household-essentials/cleaning-supplies/cleaning-tools/the-gamma-seal-reg-lid/4122p/p-1527143413204-c-7113.htm>

<https://www.homedepot.com/p/Bucket-Companion-5-gal-and-3-5-gal-Screw-Top-Bucket-Lid-in-Black-LD5GRLBK006/303808738>

<https://www.lowes.com/pd/Leaktite-12-in-White-Plastic-Bucket-lid/5001056283>

